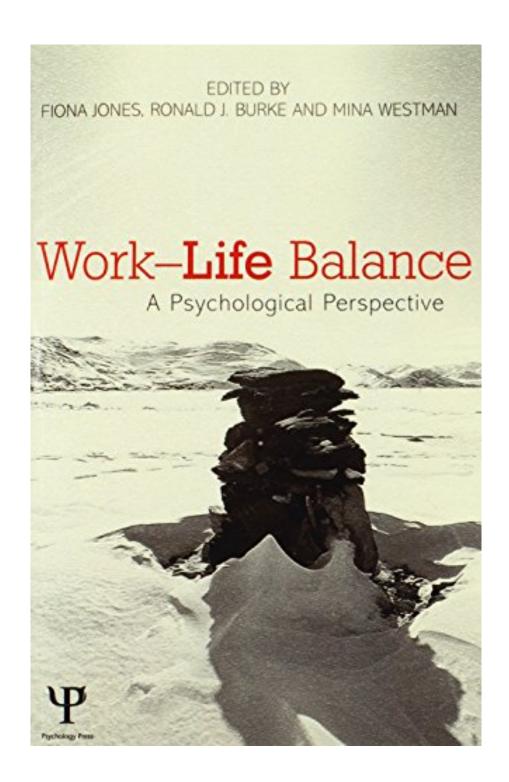


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'This academic book aimed at human resources practitioners and scholars offers a comprehensive round-up of international psychological research into the meaning of work, spillover in the home-work interface, work-family conflict, work health and stress. It is not, and does not set out to be, a popular guide on how to have a better work-life balance - 5 out of 5 - Excellent.' - Lyn Murphy, in Nursing Standard, June 2006.

'Well organized and follows a logical progression through the various chapters - introducing key theoretical ideas early, addressing important research issues, and endiing with specific applications and future irections. I believe that this could be an interesting supplemental text for courses in industrial/organizational psychology at either the undergraduate or the graduate level. It could also serve as a primary text in a work-life seminar.' - Karl N. Kelley in PsycCRITIQUES, September 2006.

About the Author

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RONALD BURKE is Professor of Organizational Behaviour at the Schulich School of Business, York University, Ontario, Canada. His work has focused on the relationship between the work environment and the individual's overall well being. He has published over 500 articles and edited or co-edited 17 books, and is a Fellow of the Canadian Psychological Association.

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