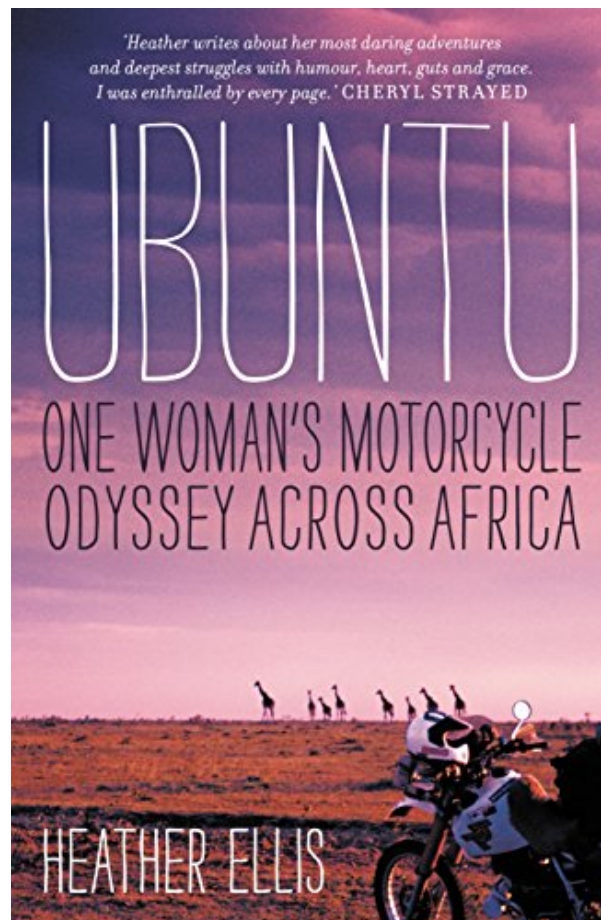


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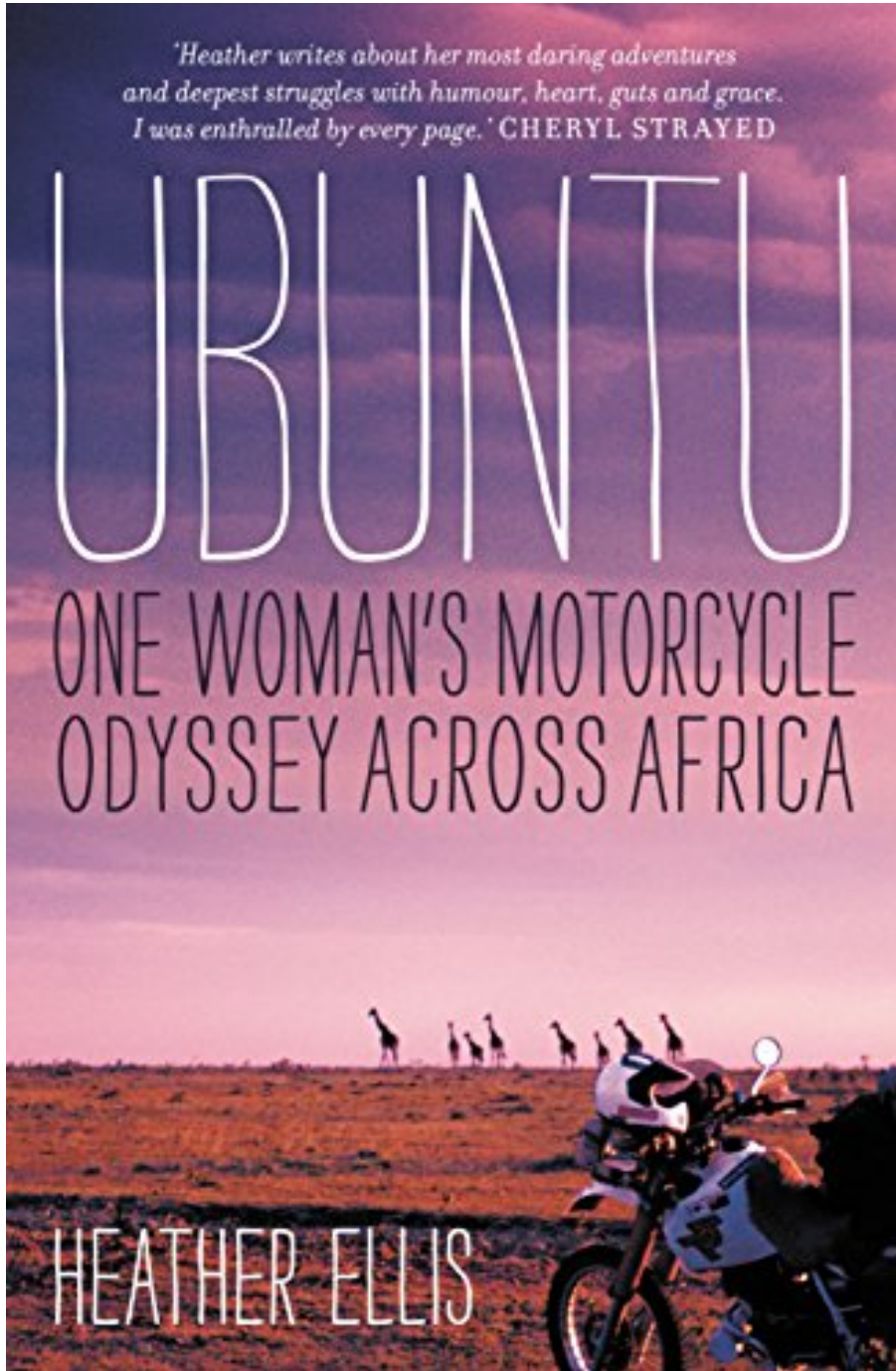


*'Heather writes about her most daring adventures
and deepest struggles with humour, heart, guts and grace.
I was enthralled by every page.'* CHERYL STRAYED

UBUNTU

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UBUNTU: ONE WOMAN'S MOTORCYCLE ODYSSEY ACROSS AFRICA BY HEATHER ELLIS PDF

As you travel Africa, you will find the way of ubuntu – the universal bond that connects all of humanity as one.

At the age of twenty-eight, while sitting in a friend's backyard in the remote mining township of Jabiru, Heather Ellis has a light-bulb moment: she is going to ride a motorcycle across Africa. The idea just feels right – no matter that she's never done any long-distance motorcycle travelling before, and has never even set foot on the African continent. Twelve months later, Heather unloads her Yamaha TT600 at the docks in Durban, South Africa, and her adventure begins.

Her travels take her to the dizzying heights of Mt Kilimanjaro and the Rwenzori Mountains, to the deserts of northern Kenya where she is befriended by armed bandits and rescued by Turkana fishermen, to a stand-off with four Ugandan men intent on harm, and to a voyage on a 'floating village' on the mighty Zaire River. Everywhere she goes Heather is aided by locals and travellers alike, who take her into their homes and hearts, helping her to truly understand the spirit of ubuntu – a Bantu word meaning 'I am because you are'.

Ubuntu is the extraordinary story of a young woman who, alone and against all odds, rode a motorcycle to some of the world's most remote, beautiful and dangerous places.

'Ubuntu is an inspiring memoir about an extraordinary journey taken by an exceptional woman. Heather Ellis writes about her most daring adventures and deepest struggles with humour, heart, guts and grace. I was enthralled by every page.' —Cheryl Strayed, author of *Wild*

'Most of us wouldn't take a motorcycle solo through Africa. Or remember much about what we were saying, smelling, believing or hoping twenty years ago. Heather Ellis did that, and has written a remarkable book about it too. She tells her story vividly and honestly, taking us through fields, national parks, into towns and down red-mud tracks, meeting other travellers and working with locals, eating rice and fish, honing her self-belief and increasing our respect for her with every day on the road. This is a really fascinating and compelling tale, told well. For anyone who has ever doubted themselves, Ubuntu has a message: there is a way through, down a road you haven't travelled yet.' —Kate Holden, author of *In Her Skin*

'No two big journeys are alike, and Heather Ellis' could not have been more different to mine, but certain fundamental similarities seem to unite us all, from the prosaic –'My bike was dangerously overloaded' – to the sublime awakenings that such journeys engender. Hers was a great adventure into the soul of Africa, a thrilling story of endurance and self-discovery, told with care, intelligence and deep humanity. It is beautifully written and a pleasure to read. So read it.' —Ted Simon, author of *Jupiter's Travels*

'Ever wondered what your life would look like if you chose to trust rather than fear? Heather Ellis does just this as she rides a motorbike across Africa. She discovers a land torn apart by war and poverty but also a land rich in beauty and kindness. Reading this book is challenging and inspiring. Heather's journey will stay with you long after you finish her story.' —Maggie Mackellar, author of *When It Rains & How to Get There*

'The next stage of our evolution is how are we to live together. Through Heather's motorcycle journey across Africa, and the African people who embrace her, we learn what is possible – this is ubuntu.' —Father Bob Maguire AM, RFD

'Ubuntu is the story of a motorcycling adventure that goes way beyond the physical journey. It takes you to other places too. This story has wide appeal and I reckon it will inspire both men and women, especially women motorcyclists.' —Damien Codognotto OAM

'In the 1990s Heather had an impulsive idea to ride a motorcycle through Africa and, through perseverance, made this come true. Her story is not just a very detailed, descriptive account of the countries she rode through but also of the problems she faced and...

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a different story!

By G E Chappell

Not the average girl on a bike story. An inside and personal look at a country in recovery and the impact on the life of it's people and the adventurers who learn what it's like to struggle to exist day by day and mile by mile. Not always a pretty story. The author learns the true meaning of Ubuntu and the health hazards of Africa....a rather surprise ending but with a good outcome.

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Five Stars

By Marilyn Shirley

Real life story with incredible challenges

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A gripping story of a young woman on a motorcycle in Africa - Adventure Redefined

By Mr. Peter R. Hill

This is an engaging and well written story of one young woman's African adventures riding her Yamaha TT600 motorcycle over 43,000 kilometres, alone. I couldn't put it down. It's a magical story, not just of adventure and danger but also of human kindness as the twenty eight year old discovered Ubuntu - "I am because we are." A spirit of togetherness that embraces all humans.

Motorcycle riders in the Paris-Dakar have support crews, helicopters and first aid personnel. The TT on the Isle of Man is fast and dangerous but the riders know which way the course goes and what to expect. None of these competitors will be faced with riding at high speed around a road block manned by spaced-out juvenile soldiers scurrying to pick up their AK-47s, but that's just one of the many perils that Heather Ellis faced.

Ubuntu is an exciting, thought provoking and moving book.

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