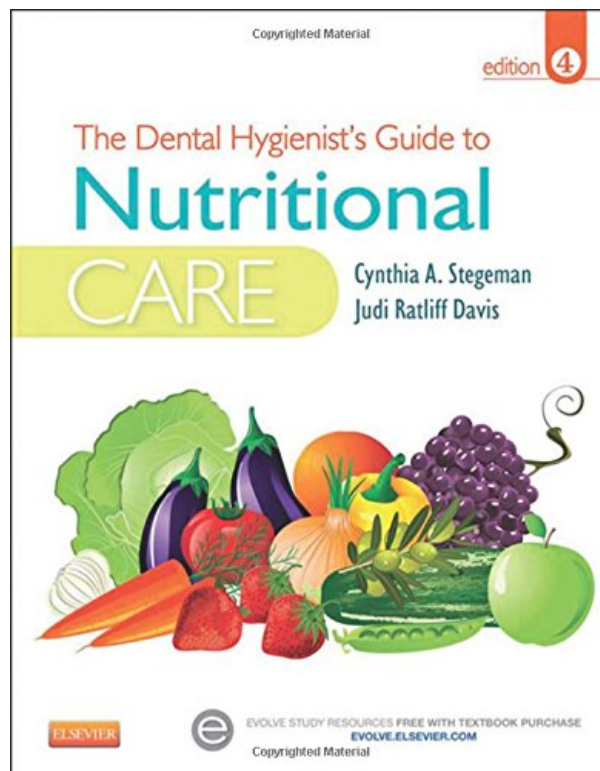


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"This text is essential reading for both dental hygiene students and the practising dental hygienist as it provides a foundation for the application of sound principles when assessing, diagnosing, planning, implementing, and evaluating the patient's nutritional needs... The authors were challenged to write a text that would appeal to both students and the practising hygienist. Overall the objective was met, and the text serves as a useful guide and resource to both." Team in Practice, July 2010

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The Dental Hygienist's Guide to Nutritional Care, 4th Edition, is specifically tailored to address relevant nutritional concerns for both practicing hygienists and dental hygiene students alike. Written by an author team with experience in both disciplines, this full-color text offers a balanced and comprehensive view of how nutrition affects dental health. In addition to basic nutritional advice relevant for dental hygienists, coverage also includes current nutritional concerns, such as high-protein diets, bottled water versus tap water, the latest Dietary Guidelines for Americans, and the new (ChooseMyPlate.gov graphic and food guidance system. A new chapter on biochemistry expands coverage of a topic that is addressed on the dental hygiene board exam. No other nutritional guide in dental hygiene offers so much!

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