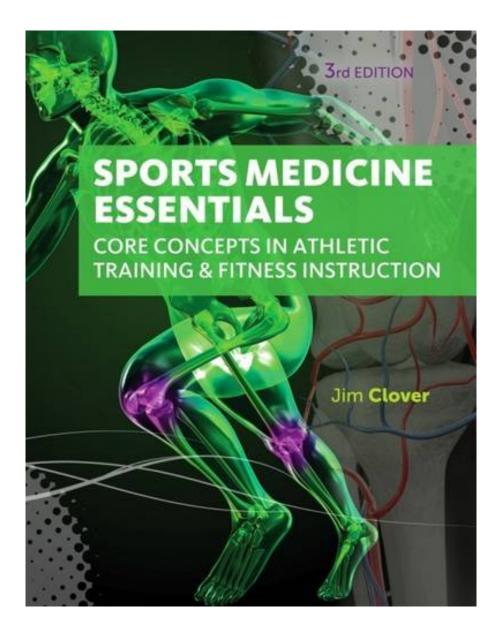


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#### About the Author

Jim Clover is an Adjunct Professor at California State University, San Bernardino and Retired teacher at Riverside County of Education Career Technical Program for 20 years. Coordinator Riverside Medical Clinic's Sports Clinic and SPORT Foundation, Mr. Clover coordinates sports medicine services for 40 schools in Southern California. He invented the Trainer's Angel (a cutting tool to remove football helmets in emergencies) and received the NATA's Most Distinguished Athletic Trainer Award in 2004. In addition to a holding a Master's Degree in Education, he is an NATA Certified Athletic Trainer, Physical Therapy Assistant, and NASM Corrective Exercises Specialist.

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