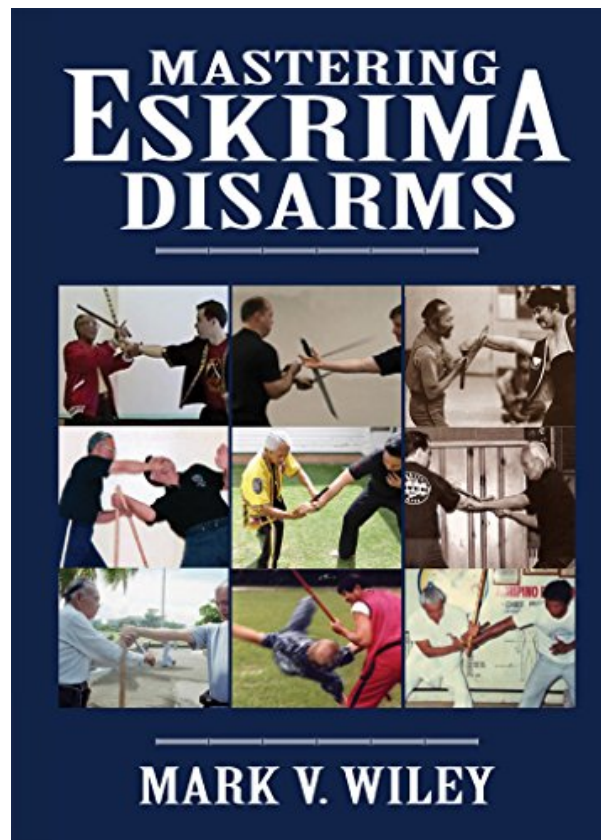


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In this comprehensive book you will learn the disarming techniques of over 30 different styles of Eskrima, Kali, Arnis and Kabaroan, including their essential principles, supporting structures, ranges and modes of engagement, positional gates, footwork methods, joint control strategies and grip release concepts. This masterful text contains 250 pages, 950 photographs, 140 techniques, 35 styles, and 70 legends and masters of Filipino martial arts. Don't miss your chance to see the art as performed by its legends.

Some of the styles featured include: Arnis Lanada | Arnis Tendencia | Babao Arnis | Bakbakan Kali | Balintawak Eskrima | Biñas Dynamic Arnis | Black Eagle Arnis Eskrima | D’Katipunan Arnis | DeCuerdas-Diestro Eskrima | Dekiti Tirsia Siradas Arnis | Del Mar Kali-Eskrima | Derobio Eskrima | Doce Pares Multi Style Eskrima | Eskabo Daan | Estalilla Kabaroan Eskrima | Garimot Arnis | Inayan Eskrima | Inosanto Kali | Integrated Eskrima | Kalis Ilustrisimo | Lameco Eskrima | Lapu-Lapu Arnis | Latosa Eskrima | Lightning Scientific Arnis | Modern Arnis | Moro-Moro Orabes Heneral | Pambuan Arnis | Rapid Arnis | San Miguel Eskrima | Sayas-Lastra Arnis | Sayoc Kali | Serrada Eskrima | Siete Palo Arnis | Vee Arnis Jitsu | and more...

Some of the featured masters include... Alejandro Abrian | Rogelio Alberto | Dan Anderson | Issing Atillo | Narrie Babao | Abondio Baet | Ron Balicki | Michael Bates | Herminio Binas | Robert Castro | Anthony Davis | Mike Del Mar | Tony Diego | Ramiro Estalilla | Bram Frank | Rey Galang | Art Gonzalez | Antonio Ilustrisimo | Jason Inay | Diana Lee Inosanto | Porferio Lanada | Eddie Lastra | Rene Latosa | Dan Medina | Carlos Navarro | Pat O’Malley | Isidrio Pambuan | Ely Pasco | Remy Presas | Ramon Rubia | Ron Saturno | Edgar Sulite | Sam Tendencia | Darren Tibon | Jerson Tortal | Jose Vinas | Florendo Visitacion | And Many More...

- Sales Rank: #518112 in eBooks
- Published on: 2015-12-27
- Released on: 2015-12-27
- Format: Kindle eBook

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11 of 11 people found the following review helpful.

Focus on Structure.

By R. C

I am so glad that I have come across this colossal encyclopedic work, by Dr. Wiley. We are spoiled to have such a resource in our generation and time. I could never get to individuals that Dr. Wiley trained with and documented, in detail. So often martial arts books are very poor at conveying thought and example. Dr. Wiley does an exemplary job at showing foundation and structure. From his own insights and transmissions we can see his passion for this art.

The seamless flow of each drill and the sea of various style examples really help to understand that Eskrima is not some variation of LARP-ing nor sport. He brings it to light as a life skill. Addressing the stick as a weapon. Variably a knife or machete. Which is directly applicable in our modern settings.

So often Eskrima is seen as 2 people bashing one another with sticks. Dr. Wiley restores the arts fineness and grace. To prove the resourcefulness it features 107 pages of various disarms found in FMA of his own archives.

Thank you Dr Wiley for your continued efforts and detailed archiving of the FMA traditions.

6 of 6 people found the following review helpful.

My comments on Mr Wiley's new book

By lorne bernard

This is an excellent work written by one of the western world's foremost experts on the subject. I really enjoyed this work for 2 reasons: The first is that due to his extensive training and knowledge in Filipino martial arts, the author, Mark Wiley, is able to distill or explain the principal concepts in the art of eskrima. He succeeds in making accessible to the layman and the expert alike the main roots and concepts that all eskrima styles inevitably share. The second thing I, loved about this work is all the historical photographs with such a great variety of masters showing their own particular methods and favorite techniques. For anyone serious about learning real martial arts, this is a must have work!

6 of 6 people found the following review helpful.

Extremely Detailed

By Mick Debonnaire

I have never been interested much in disarms because I found them too complicated to work and there's thousands of various ones to master before they might actually work. That said, I bought this book so that I might have a better understanding of them and it delivered! Mark Wiley did a fantastic job of simplifying the complexity of disarms and though I still have doubts of whether or not I could actually pull off a real-time disarm, I believe there's no better written education on the topic out there. Thank you Mr. Wiley for taking the time to write such an informative book.

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