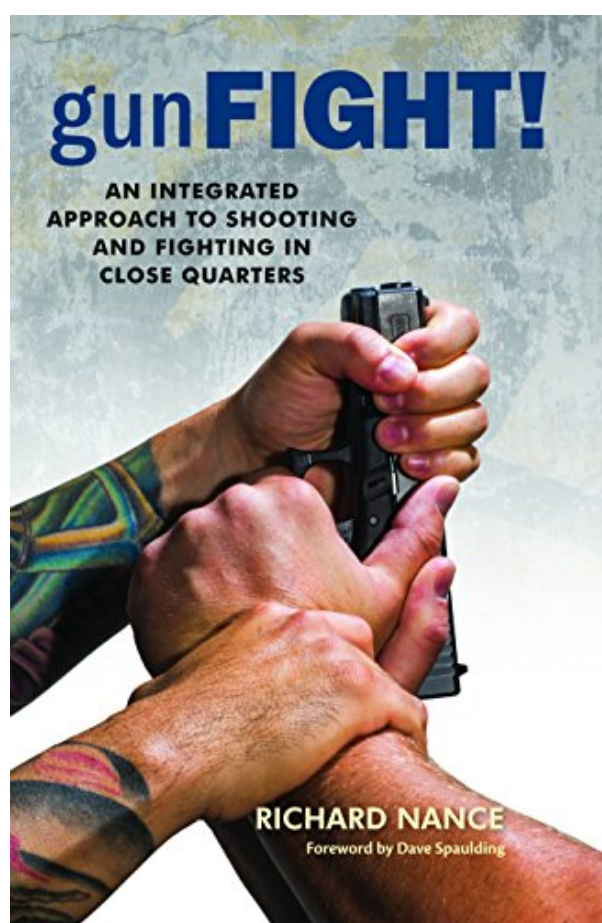
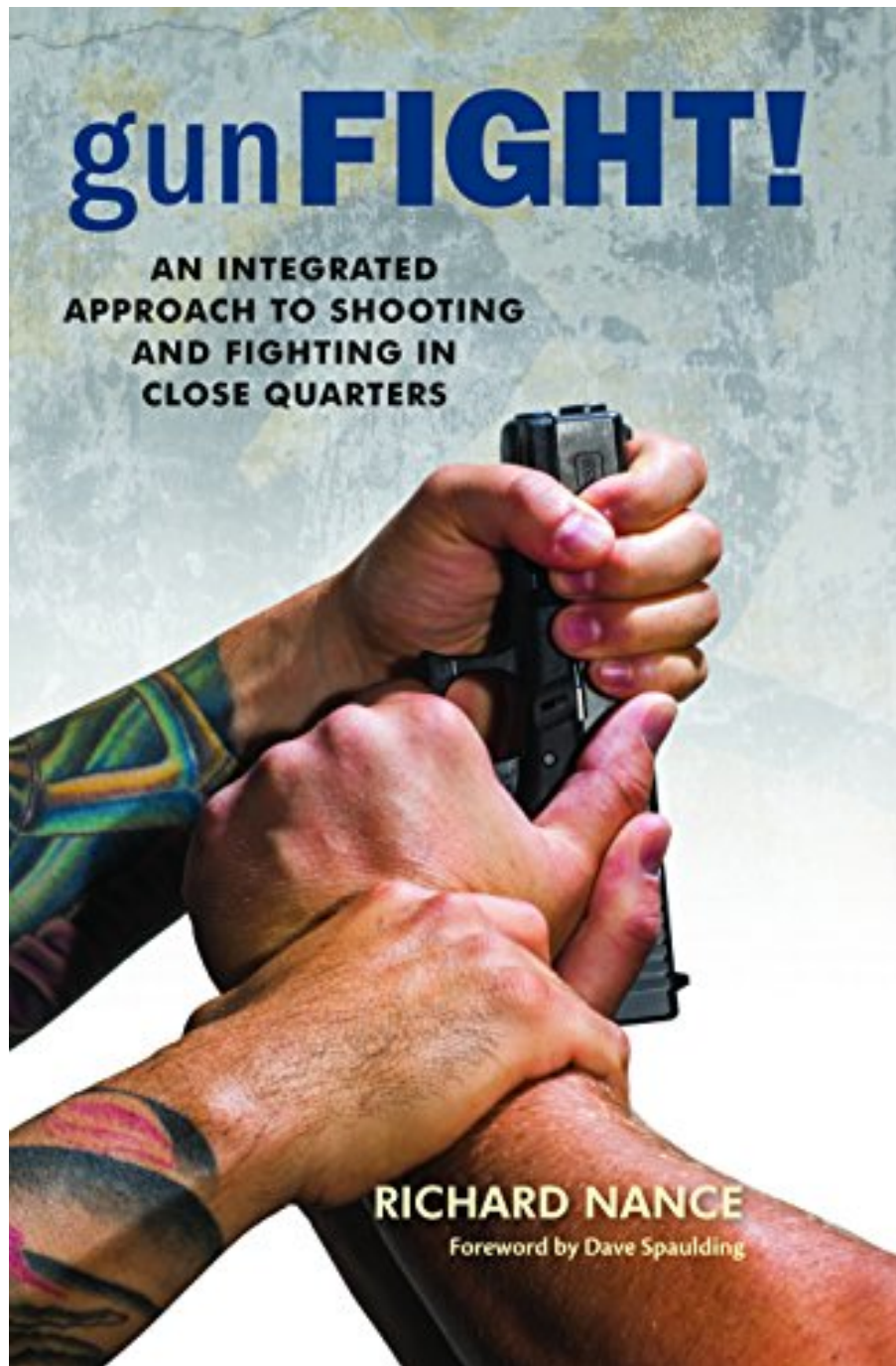


GUNFIGHT! AN INTEGRATED APPROACH TO SHOOTING AND FIGHTING IN CLOSE QUARTERS BY RICHARD NANCE



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Review

gunFight! is very well-written and addresses reality in every detail from gun and equipment selection to mindset and techniques. I think anyone, whether law enforcement or civilian who is concerned for their own safety would be remiss if they didn't read this book. I can't say enough good things about it. --Jim Kauber, Former Navy Seal, President/Dir of Training of the Site Firearms Training Ctr

Rich is able to integrate his knowledge about combatives and self-defense into a reliable, insightful primer on shooting that will significantly contribute to any serious student's performance. --Kelly McCann, Former Special Operations Marine

Richard has written a book that should be required reading for anyone carrying a firearm, especially citizens who have chosen to carry daily. --Sgt Major Kyle E Lamb (R), Former 1st SFOD - D Delta Force Operator

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During an armed encounter at arm's length, marksmanship alone won't save you. In this fast-paced, hyper-violent range of combat, your life will depend on your ability to FIGHT with your gun! Learn the close quarter techniques and tactics that will help prevail.

Includes:

- Mindset and awareness
- Striking and fending
- Accessing your gun in close quarters
- Contact distance shooting
- Handgun retention
- Disarming and counter-weapon tactics
- Clinch fighting
- Ground fighting
- Force-on force training

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- Published on: 2016-01-11
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- Dimensions: 8.75" h x 6.00" w x .75" l,
- Binding: Paperback
- 234 pages

Review

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Most helpful customer reviews

12 of 12 people found the following review helpful.

Well Written With Sound Practical Information

By Shawn Kovacich

Well I just finished reading through this book for the second time in as many days and I have to say that I am actually pretty impressed with pretty much all of the content contained within this 200 page book. Now that isn't meant to imply that I agree 100% with everything written, but I would say that I am pretty much in about 90 to 95% agreement with the author on the various subjects he discusses throughout the twenty chapters in this book. There are a couple of things that I definitely don't agree with, and then there are a few others that I partially agree with but with some reservation. And there are a couple of things that I really had issues with, but those will be discussed later in this review.

The author really did a fantastic job at giving you the reader the necessary information and guidelines for you to start researching and training in order to better prepare yourself for an actual realistic "gunFIGHT," not the Hollyweird version of reality which for the most part has no actual semblance to reality by any stretch. Combining empty-handed skills with handgun handling skills is far better than just one or the other, and the author does an excellent job at explaining how to bridge that gap.

For now here is a list of the chapters in this book with a brief description of the contents of each chapter. Please be advised that the material in each one of these chapters could more often than not be an entire book or at the very least a much larger portion of the book. However, the author has kept the material fairly short and succinct and to the point, which is great for this particular book which is intended to give you a large overview of the material you need to study and practice in order to become more confident and competent in an actual gunFIGHT!

Chapter One: Safety Considerations

One must definitely have "SAFETY" in mind whenever training, whether it is practicing your empty handed skills, with a firearm, knife, or any weapon, especially when practicing any kind of combative technique. The author really stresses this point and although it can seem to be a "No-Brainer," it is usually complacency that ends up getting someone hurt. Don't be complacent, it can really be costly to do so!

Chapter Two: Legal Considerations

The only thing I am going to comment on about this section is simply this, "What does anything matter if you are dead?" The number one concern should always be for you to live and be victorious over your attacker. I don't personally know what happens to you after you die. I have my own beliefs about that as I am sure you do as well, but they are only beliefs! You don't know for sure and I don't know for sure what happens after we die, but I can tell you this, "It is far better to be alive than it is to be dead!"

Chapter Three: Awareness

Awareness and Avoidance are almost always your best first line of defense. Free yourself from frivolous distractions when your safety is more at risk, and pay attention to the people and events going on around you. Although avoidance is almost always your best form of defense, there are times when you are unable to avoid and sometimes when you shouldn't avoid.

Chapter Four: Mindset

Very, very, very important and unfortunately not many instructors do enough to train their students in this subject. Good basics and offers some better reference material.

OKAY, here is the one particular sentence on page 29 in this book that I have the most problems with and it goes as follows: "That's why instructors worth their salt focus on simple, gross motor-based techniques that are easy to recall and execute under stress." Now to understand this sentence in its full context you need to read the complete paragraph in which it was contained. Although I do admit that, in the beginning, students should focus on those simple basic skills until they become instinctive, but as you train and progress even the most intricate of techniques can become simple and instinctive. Just ask any surgeon who performs life-saving surgeries if they are not under a considerable amount of stress, and yet, they seem to be able to handle complex fine-motor skills just fine. All it takes is time, effort, and proper guidance, and the ability to stay calm under stress. Everything that can be learned and practiced, but often is not.

Chapter Five: Dynamics of Close Quarter Engagements

Hollywood vs. Reality: an entirely different ball game.

Chapter Six: Choosing A Gun, Holster, and Carry Method

Just like your shoes size, there is no one size fits all. You have to find the right materials for you. Just because so-and-so recommended this because that is what they use does not mean that it will be right for you.

Chapter Seven: Fending and Striking

Utilizing empty handed skills alongside your handgun shooting skills.

Chapter Eight: Countering the Draw Stroke

How to counter your attacker as he/she reaches for their gun or other weapon.

Chapter Nine: Addressing a Drawn Weapon

Dealing with an attacker who already has their gun drawn and pointed at you.

Chapter Ten: Ready Positions

The author discusses several different handgun ready positions.

Chapter Eleven: The Draw Stroke

Getting your gun out of the holster and on target as quickly and effectively as possible during an actual combative engagement.

Chapter Twelve: Shooting From Retention

How to shoot from a less than perfect range shooting position.

Chapter Thirteen: Contact Distance Shooting

Shooting your attacker with the muzzle basically placed up against the attackers own body.

Chapter Fourteen: Striking With Your Gun

Although this should only be done as a last resort when your gun is no longer capable of doing its primary function, which is to shoot bullets out of the barrel.

Chapter Fifteen: Holstered Handgun Retention

How to keep an attacker from getting your gun when it is holstered.

Chapter Sixteen: In-Hand Handgun Retention

How to keep your attacker from taking your gun away from you once you have it in hand.

Chapter Seventeen: Fighting From the Clinch

Utilizing empty handed combatives and handgun skills while in a clinch with your attacker.

Chapter Eighteen: Fighting From the Ground

The last place you want to be is on your back on the ground with an attacker hovering over you, but if it does happen here are some things to help you overcome this situation.

Chapter Nineteen: Handling Multiple Assailants

This is a lot more common than one would think and is always going to put you at some kind of disadvantage.

Chapter Twenty: Training Progression

Basically some sound advice on continuing your training both empty handed and with a firearm.

One of the biggest problems I had with this book was not the written text, which was very informative and valuable, but the very small photographs that were displayed throughout the entire book. These photographs needed to be much bigger and, in some cases, shown from more than just the one angle. Some of the descriptions would have been much better had the accompanying photographs been from more than one angle along with being much larger.

Another problem I had was the absolute absence of any illustrations whatsoever. There were several instances where some added illustrations would have definitely added to the overall effect of the written material being presented. Not a deal breaker by any stretch, but it would have been nice to have had illustrations in the appropriate locations throughout the book.

In closing I would definitely give this book my highest recommendation and am proud to have it in my personal library!

Shawn Kovacich

Author and Creator of numerous books and DVD's.

4 of 4 people found the following review helpful.

An Essential Book For Any Self-Defense/Martial Arts Instructor Or Student

By Gershon Ben Keren

This is a great book. As an author, ("Krav Maga: Real World Solutions To Real World Violence") I understand and appreciate the importance of engaging writing - something a lot of author in the reality based self defense world often forget. This is a very well written book, and more importantly a very sound and sensible one. The author immediately won me over when he stressed the importance of awareness, over technical skills - this type of statement marks someone out as someone who understands what real-life violence is all about.

I may not agree with every technique shown/demonstrated, however I agree with 95% of the methodology and approach presented - the remaining 5% is down to personal preference rather than outright disagreement. This book should be in the library of anyone interested in and/or teaching about real-life violence. I really can't recommend it enough.

3 of 3 people found the following review helpful.

Good book with a realistic look at CQC

By harryboy

This book is better than most armed self-defense books that I have read. It definitely breaks the old mind-set (that many so-called self-defense instructors teach) that armed encounters happen at a distance with plenty of time to react. Nance presents a very gritty world where your adversary is instantly in your face, trying to take your gun away from you and you are fighting for your life.

My first complaint is that the illustrations are small and it is hard to see the details of some of his defense moves.

My second complaint is that when Nance presents a defense scenario, he does not bring the reader back to a real conclusion of that scenario. For example, he may present a technique to block a grab of your gun, but he does not suggest what to do once that technique is completed.

All-in-all, this is a good book in presenting what CQC is in the real world. It has made me consider taking an unarmed self-defense class (such as Krav Maga) along with keeping my shooting skills sharp.

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